



SigEp Newsletter

Fall 2013

January 20th, 2014

Fall Rush Overview

Written by Bill King

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Rush is notorious for being one of the busiest times of the year for any fraternity, and for the Pennsylvania Beta Beta (PABB) chapter of Sigma Phi Epsilon it was no different. From as early as June, the men in the recruitment cabinet discussed potential events and logistics that were needed to run the best Rush this chapter has ever seen. This carried us all the way until October when the events began. We started off with a jam packed Night on the Row where the house was a feat to navigate the entire night. Hundreds of aspiring young men toured and inquired about what it meant to be a fraternity man. Our first individual event, Hoagies and Stogies brought the aspirants out again for some sandwiches and a cigar where initial meetings would be relaxed and free-flowing. In a high energy change, we next took to the Armory where we had a speedball tournament with teams composed of Potential New Members and current SigEp Brothers. A pig roast was had on the following Saturday where tales of triumph from the previous event were shared and everyone indulged heavily in the delicious pig from the Italian Market.

We then invited our finalists to a horror struck evening out to Eastern State Penitentiary, where some laughs, and many screams, were heard all across the complex. Finally, we wrapped everything up by having professional interviews at the house where all the candidates got a chance to shine in light of their previous accomplishments and their future goals. All this work paid off when SigEp PABB took on 23 new members of a caliber unparalleled by years prior. These new members stood out from the rest of the pack and still continue to impress us with their ongoing impressive contributions. As anyone in the chapter will tell you, recruitment as a whole was very successful this fall, a big thank you to everyone who helped us achieve this. We already are looking forward to keep this momentum with us as we advance in to winter recruitment to round out the best year of recruitment yet.



Meet the New Fall Sigma Class

Name	Major	Class	Hometown
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JD Abrahams	Mechanical Engineering	Freshman	Howell, NJ
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I love space and everything regarding how the Universe works. I hope to one day work for NASA or some other space exploration company. I enjoy doing whatever I decide I wanna do at the time.

Joe Chaudhari	Civil Engineering	Freshman	Scranton PA
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I enjoy boxing, going to the gym, and golfing. Damn proud.

Saad Cheema	Biology	Sophomore	Annapolis, MD
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Pursuing a career as a physician.

Peter Deluca	Materials Science	Sophomore	Stamford, CT
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I enjoy spending time with friends outside....roadtrip anyone? Prefer sometimes to chill with friends around a campfire rather than a bar.

Julian Downing	Mechanical Engineering	Freshman	West Deptford, NJ
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Football, music, relaxing, Sigep. Damn proud.

Gerardo Faia	Electrical Engineering	Sophomore	Havertown, PA
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I am currently studying Electrical Engineering while co-oping at SAP America. I enjoy rock climbing and hope to one day be able to raise a kangaroo.

Bobby Garneau	Architectual Engineering	Freshman	Levittown, PA
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I like to lift things up and put them down. Philly sports fan forever. Interested in architecture and designing stuff.

Frank Gerace	Mechanical Engineering	Freshman	Washington Township, NJ
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Maverick. Patriot. Freedom Fighter. Bulletproof Wolverine. Not a Rapper. World's Only 2-Time Rookie of the Year.

Tony Grelli	Finance & Accounting	Sophomore	Washington TWP, NJ
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Phillies fan. Hope to work on Wall Street in the future.

Clay Henery	Mechanical Engineering	Freshman	Collegeville, PA
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I enjoy playing soccer on Drexel F.C., playing guitar, and spending time with my Sigep brothers. Much love, Damn proud.

Philip Holder	Finance	Freshman	Cherry Hill, NJ
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When I'm not studying to prusue a career as a financial analyst, I enjoy exploring new parts of Philadelphia I've never seen. Lifelong Philly sports fan and now proud to be a member of SigEp.

Tony Kelly	Mechanical Engineering	Freshman	Catonsville, MD
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I'm always squinting.

Akshay Koottala	Biology	Freshman	New Rochelle, NY
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I love to eat, and enjoy good food from around the world. I'm always up for trying new things and like to play sports. I am currently studying biology with a pre-law track and hope to become a patent lawyer.

Ryan O'Hea Sports Management Freshman Union Beach, NJ

I enjoy baseball, bowling, hockey, football and being a SigEp. Damn proud.

Jeffrey Proko Electrical Engineering Freshman Audubon, NJ

I'm am part of the Honors College and Regatta Manager for Drexel Sailing Team.

Oliver Robins Mechanical Engineering Freshman Christiana, PA

I am studying Mechanical Engineering, and would like to pursue a career in the automotive industry.

Conrad Schmdit Materials Science Freshman Minneapolis, MN

I am conducting research in a supercondutor lab, and enjoy collecting vinyl records.

Brendon Sebera Finance & Entrepreneurship Pre-Junior Woodstown, NJ

I enjoy walks on the beach just at the break of dawn, the sea mist lightly spraying across my face.

Tyler Tucker Marketing Freshman Honolulu, HI

Surfs up!

Alex Vasile Electrical Engineer Freshman Ringoes, NJ

I am a huge fan of WNBA. New York Liberty all the way!

Mark Welsh Biomedical Engineering Freshman Mullica Hill, NJ

Philly sports fan and swimmer. I hope to work in the operating room.

Andrew Wilson Biomedical Engineering Freshman Royersford, PA

I enjoy music, especially playing the sax. Been a Philly Phanatic through thick and thin.



Fall IFC Report

-**Billiards** – finished 2-3

-**Fairmount Football** - Undefeated Regular Season. Lost in semifinal to Pi Kapp 6-0

-**Flag Football** – Regular season 3-1. Lost in playoffs 14-7 to pike

-**Coed Flag Football** - Champions

Athletics cup standings:

1. Pike -112 points
2. Pi Kapp – 103 points
3. AXP – 98 points
4. TKE – 96 points
5. SigEp -92 points



Men's Health Night– Dr. Burton Schwartz

Written by Peter Deluca

On Monday, November 28th Dr. Burton Schwartz visited the chapter to give a lively presentation on men's health. Dr. Schwartz has been a practicing physician specializing in adolescent health and development for over 40 years. It was while working as a physician at Texas Christian University (TCU) he gained years of experience understanding the health problems college students most commonly face. It was also at TCU that Dr. Schwartz was introduced to SigEp. Dr. Schwartz began giving health seminars to different fraternities on campus, but when he gave his presentation at SigEp he noticed something. TCU SigEp truly grasped the importance of

what Dr. Schwartz was saying, and he felt a connection with the chapter on campus. Dr. Schwartz soon was initiated as a renaissance brother.

As for the presentation that Monday night, as a SigEp brother Dr. Schwartz knew how to keep us entertained while giving important tips on healthy living. Topics discussed included appropriate alcohol use and tips, sex health, sleep advice, and little known nutrition tips. The most listened to part was the discussion on sex health, including tips and practices to keep safe. The discussion answered many questions most guys would feel awkward or embarrassed asking. Some parts of the discussion were “locker room topics” that were discussed with maturity and a sincere urge to convey understanding about the male body. While many laughs were had, even more was learned. It was a fun, yet informative way to learn about how we function, as males.

SigEp PABB Community Service

Written by Jonathan Amora

The Sigma Phi Epsilon Pennsylvania Beta Beta Chapter is involved with the community around it. This past fall term, we have consistently outreached and participated in community service events. Every other Sunday for the fall term, we would participate in Adopt-a-Street. Led by Matt Boyer, his group would clean up a street that they have been assigned and this term, we have been cleaning up a section of 34th street.

Separate from Adopt-a-Street, our community service chair, Jonathan Amora, sets up most of the fraternity community service events. For this past fall quarter, we have volunteered with Philadelphia races, including the National Brain Tumor Society: Race for Hope. We have volunteered at the International House on Penn's campus where volunteers helped out with the Philadelphia Asian American Film Festival. We have also volunteered at the Habitat for Humanity organization. Habitat for Humanity is a non-profit organization where they build homes or repair them and make housing more affordable. One of the ways that the Philadelphia Habitat for Humanity is able to fund their projects is by having Rake-a-thons. Every fall this organization takes a group of volunteers and rake yards of homes and Habitat for Humanity receives donations for their services. This fall, Sigma Phi Epsilon helped

with the Rake-a-thon and helped rake three houses' yards.

The last event that we gave our services to was the Broad Street Ministry organization. Every week, Broad Street Ministry has an event called Breaking Bread. This event provides lunch for the poor and the homeless community. This is not a soup kitchen, but a restaurant-like atmosphere where guests are brought food to a table of their choosing. Along with drinks (usually water, coffee, or tea), the guests are given bread as an appetizer, a full meal, and dessert.



“The Impact SigEp Has Left”

Written by Andrew Wilson

Alumnus: Andrew Lewandowski

I had the pleasure of talking with Andrew, and dive further into his times at SigEp while at Drexel University. I did not talk with Andrew in person because of his hectic and demanding schedule working at First Quality Retail Services. Nonetheless, I learned very much from him, bringing much insight and wisdom from his experiences at SigEp PABB. Andrew studied Mechanical Engineering and Mechanics here at Drexel University and graduated in June 2010. I have only heard great things about the famed “Lewie” from many people in the chapter today, and throughout many of the questions I asked Andrew, he not only answered every question thoroughly, but went above and beyond giving great advice and even better stories to me, truly showing he was and always will be a SigEp no matter where he sets out to go.

What brought me to Sigma Phi Epsilon? Not quite sure if he wanted to join a fraternity his first term, Andrew was deciding what he wanted to become a part of during his time at Drexel. Although, the idea of brotherhood was great, it was nothing new going to an all-boys high school and showed that the fraternity life must offer something more. Andrew mentioned that a gentleman from SigEp, Dillon Eppenstein, reached out to him through Facebook during his first days on campus, something that many other organizations did not do. This was one of the deciding factors when Andrew decided to join SigEp. In addition to already knowing a brother, Juan D’Angelo, from a previous catering company, Andrew said the members of SigEp were always inviting and answered all of his questions, simply stating, “Genuine people would be an accurate portrayal of SigEp.”

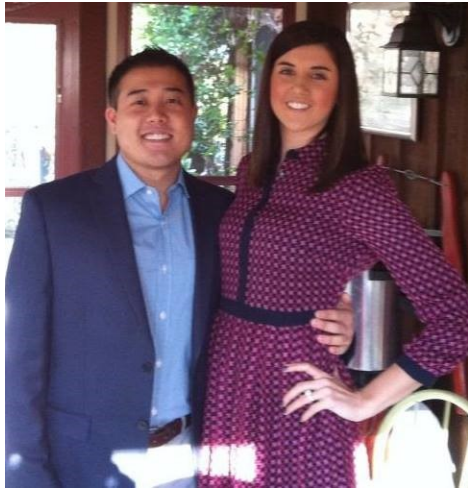
How did SigEp impact me as a person and what involvement did I have? One of the many points Andrew stated that SigEp was known for is its diversity and the ability to interact with people you might not have had the chance to otherwise. “You wouldn’t see a business person in a Thermo or Fluid class so I found the interaction to be priceless.” Moreover, Andrew stated that the Balanced Man program helped him establish working in real life situations, overcoming adversity in the classroom as well as the workplace.

While in SigEp, Andrew was involved in many different cabinets and helped build SigEp to where it stands today. He was involved with Recruitment, Athletics, and Standards. But above all, Andrew’s main initiative was to “build the brotherhood from the base up.” To build a fraternity it goes far beyond the president and all of the Executive Board positions; everyone must be involved to understand what the fraternity stands for and where the fraternity is going in the future. It is truly important that everyone is connected because “a team is always stronger than an individual.” During a summer at Drexel, Andrew was adamant of networking, and while being a Conference Assistant, he reached out to the incoming students, because he remembered that first day at Drexel when he received the message to come check out SigEp, and he wanted to establish the same comfort level reciprocated.

What are ways to get the whole fraternity involved? The main way of helping to maintain a connected and solid fraternity is through open communication. Many times, the older Juniors and Seniors many not know who many of the new members are, but with the help of group events and fraternity-wide gatherings, it is possible for everyone to take ownership over the fraternity and make connections that may have been lost. “That mindset of always knowing who is in your organization goes a long way because it helps people feel connected rather than just a number.”

How has SigEp played a role in your life outside Greek life? SigEp has helped Andrew refine his teamwork skills wherever he goes. Many of his coworkers will ask him “Why do you pay

for friends?” when going to White Elephant this weekend, or when he has Thanksgiving dinner after the Alum vs. Undergrad football team they will ask “You have to be in a frat in order to plan events?” But he has to remind them that it is always “we” and never “I”. SigEp, like many other organizations function as a group, and with the positive teamwork skills, Andrew has not only learned how to grow within SigEp, but in his work environment and beyond.



Another major aspect that Andrew found in SigEp was not in SigEp at all. While SigEp was having different gatherings with Delta Zeta, Andrew met the girl of his dreams, his now fiancé and says, “We would not be at this moment in time if I had not joined Greek life and if she did not transfer from Philadelphia University and joined DZ.”

How has SigEp been a platform for yourself getting ready for life after college? Although Andrew is very good at noticing how machines operate and what aspects help them

to be successful, it was really up to the Juniors and Seniors within SigEp to exemplify what it meant to be successful in the professional fields. He would watch his Big Brother and fellow classmates continue to grow and fine tune their strengths as individuals. He stated, “This was my model for success and I thank them for being great leaders.”

What’s the best was to live the ritual and cardinal principles?

“During our ritual we are guided through the principles and upon completion it is our right to help guide others.” When living the ritual and cardinal principles, Andrew likes to think of it is a two part process. The first half is to always live by them and remember what they stand for. This will help you seek out others who follow your same ideas and build friendships out of true principle. Secondly, he makes himself responsible for sharing these principles while at work, home, or wherever else he might be. Thus, Andrew’s mindset has helped guide him through life and friendships whatever the circumstances.

What is one piece of advice to give to current SigEp members to help them create an even better SigEp experience? While closing the interview, I thought one of the most important questions to ask Andrew was to pass on something he has learned to the current generation of SigEp. He simply stated, “College can be intimidating, so don’t let people try and change who you are. Everyone has a story, you just have to listen. Build from the bottom up; you are only as good as the people you bring in.”

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